



Colorado Chapter

UPCOMING EVENTS: Colorado Hospice Veteran Partnership's 1st Annual Welcome Home Vietnam Veterans Day Celebration

Tuesday, March 30, 2021
6:00-7:30PM MST

Online event details to come!



Please join us for this video presentation sponsored by eleven organizational members of Colorado Hospice Veteran Partnership. There will be time at the end of the event to chat and connect with other attendees. Community organizational members, VA staff, Veterans and caregivers are invited to attend. See flyer below!

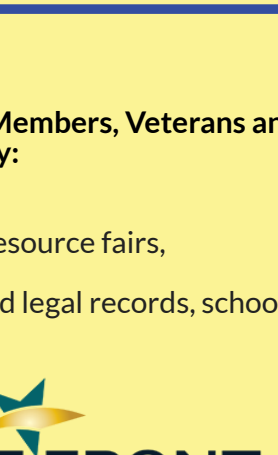


VETERAN COMMUNITY PARTNERSHIPS

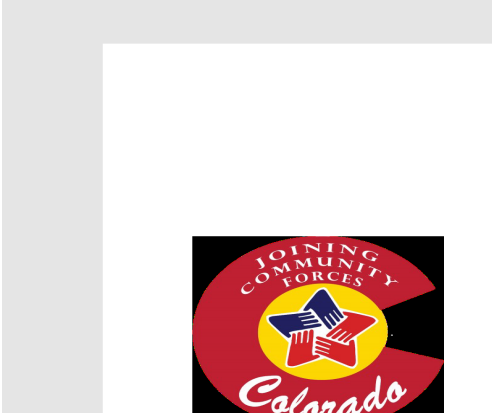
Welcome New VCP Community Co-Chair: Katie Civileto!



Katie Civileto serves as the Program Manager for Give An Hour's partnerships with the Army National Guard, Air National Guard, and Army Reserve. Katie has been serving as a VCP steering committee member since 2019 and has been involved in organizing and presenting at events including Healthy Habits and 5 Signs webinar and VA/Community Mental Health Summits.
 Email: K.Civiletto@giveanhour.org



Resources



Home Front Military Network's Network of Care for Service Members, Veterans and Families has resources for our military and veteran community:

- Comprehensive service directory available 24/7
- Quick links to education, employment and veteran services
- Community calendar of events, including employment and resource fairs, educational webinars, health and financial events
- Secure storage of important documents (DD214, medical and legal records, school transcripts, etc.)

<https://pikespeak.co.networkofcare.org/veterans/index.aspx>

HOME FRONT
 MILITARY NETWORK

Assisting Service Members, Veterans & Families

Upcoming Events

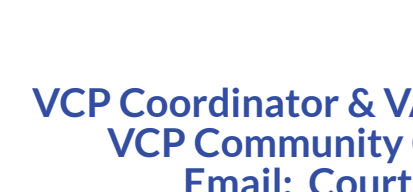


Joining Community Forces Quarterly Meeting

Wednesday, April 21st

9AM-12PM MST

Online event details to come



Give An Hour's 3rd Annual Global Event: Week to Change Direction

May 10-16th

Online event details to come

Check out more resources below!

VCP Coordinator & VA Co-Chair Courtney Bauers

VCP Community Co-Chair Katie Civileto

Email: Courtney.Bauers@va.gov

Email: K.Civiletto@giveanhour.org

Twitter: [@VCP_CO](https://twitter.com/VCP_CO)



VETERAN COMMUNITY PARTNERSHIPS

Don't forget to fill out our survey at
https://www.denver.va.gov/grecc/vcp_co

SAVE THE DATE

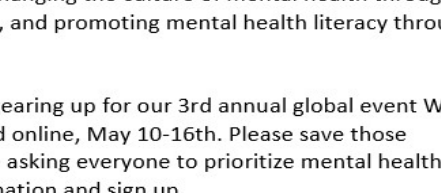
Colorado Hospice Veteran Partnership's 1st Annual Welcome Home Vietnam Veterans Day Celebration

March 30, 2021

Virtual Event at 6:00pm MST

[Virtual Platform Information to Come](#)

Sponsored By:

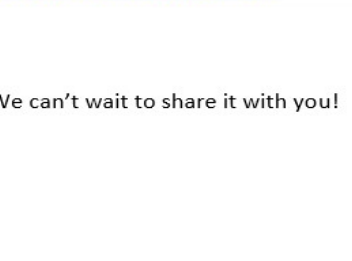


February 2021 Updates

Give Hope:

We are all hopeful that 2021 will be a better year, with a return to more "normalcy" in our lives. At Give an Hour we continue to be very busy addressing our longstanding goal of emotional wellbeing for all, by providing free mental health care to those in need, changing the culture of mental health through the Campaign to Change Direction, and promoting mental health literacy through our various educational tools.

In that regard we are already gearing up for our 3rd annual global event Week to Change Direction, to be held online, May 10-16th. Please save those dates. During this week we are asking everyone to prioritize mental health and wellness. Find out more information and sign up here: <https://giveanhour.org/a-week-to-change-direction/>



Additionally, we are working on a new and improved look and website this year. We can't wait to share it with you! More about that soon.

Randy Phelps, Ph.D.

CEO, Give an Hour



Get Help:

Through a national network of licensed mental health providers, Give an Hour offers mental health care to Active duty, National Guard and Reserve, Veterans, and their loved ones. Give an Hour's services complement Department of Defense and Veterans Affairs healthcare delivery by serving veterans and military families seeking care outside the current system, those no longer eligible for healthcare provided by the DOD or VA, and non-eligible siblings, parents, partners, and other loved ones.

Step 1: Search for a Provider

Using the [search form](#), answer a few questions to receive a list of providers who may be able to assist you. Choose from a variety of options including in-person, telephone support, or video counseling.

While it's common in the mental health community to meet in the provider's office, it may not be feasible for everyone. If you are unable to meet with a provider in-person, we encourage the use of telephone support or video counseling. A provider will rely on his or her professional judgment to determine when an alternate method of contact will sufficiently meet your needs. **NOTE: If you are unable to locate a provider in your area and do not feel comfortable with phone support or video counseling, please contact us at info@giveanhour.org for assistance.**

During the COVID-19 pandemic, nearly all services will be provided via telephone or telemental health to abide by social distancing guidelines. Leave the "Type of Support" field blank to render the most results

Step 2: Contact the Provider Directly

- **Identify yourself as a potential Give an Hour client, even if you leave a voicemail.**
- **Mention Give an Hour:** Tell the provider you are a Give an Hour client at the beginning of your call, email or voicemail.
- **Leave a Message:** Even if the provider's voicemail states they are not accepting new clients, some providers hold openings just for GAH clients.
- **Call Again:** Messages can be hard to understand or accidentally erased. If you have not heard back in a reasonable amount of time, consider calling again. *Be sure to leave your name, number and email address.*
- **Contact more than one provider.** If you have not received an appointment after your first call, consider calling another provider on your search results. *Often people contact several providers before finding one who is a good match for their needs.*
- **Be prepared:** Make sure your voicemail is set up and not full for when the provider returns your call.
- **Try email:** Providers spend much of their day with clients. Consider using their email or their website's "Contact Us" section to make contact.
- **Let us know:** If you can't reach a Give an Hour® provider using their contact information on our website, let us know at info@giveanhour.org, and we will update our database.

Step 3: Reach out if you Need Assistance

If you're having difficulty navigating our website search, we have had some similar reports from time to time that those using a military or government computer have trouble accessing our website.

Unfortunately, we have found this is not something that Give an Hour can fix. Our site is working perfectly on non-government computers. We think the errors stem from the military network and their security systems causing a block or error on our page.

Briefly, we recommend you search for a provider using a mobile device, personal, or non-government/military computer or laptop and/or try different browser or networks to see if one works better for you. Please let us know if we can assist further or if you're unable to search using the devices listed above.

Free Online Suicide Prevention Training for Colorado Partners

The Colorado Office of Suicide Prevention is pleased to announce that we have partnered with LivingWorks, to provide to our partners across Colorado free access to the LivingWorks Start gatekeeper training, to aid in your suicide prevention efforts.

LivingWorks Start is a one-hour, online, interactive training program that gives you the skills and knowledge to keep family, friends, co-workers, and others safe from suicide.

To access the training, navigate to the Colorado specific URL and enter access code: Gov's Challenge. Please feel free to share this code with veteran-serving organizations in your network. Please note that we have a limited number of licenses available for use available on a first come, first served basis. Please do not share the URL and access code outside of Colorado.

LivingWorks Start works best with Google Chrome, Firefox, or Microsoft Edge browsers. It is not Internet Explorer compatible

For questions about this training, please contact:

Duane K. L. France, MA, MBA, LPC
 Director of Veteran Services, Family Care Center
 Executive Director, Colorado Veterans Health and Wellness Agency
 2860 S. Circle Drive, Suite 106
 Colorado Springs, CO 80906

dfrance@fccsprings.com

Exhibit Opportunity: Partnerships for Veteran & Military Health Conference: Inspiring a Community of Care and Connection

The 1st Annual Partnerships for Veteran & Military Health: Inspiring a Community of Care and Connections will be held virtually on April 23 & 24, 2021. The goal of this conference is to offer an exchange of knowledge and sharing of experiences that will enable attendees to improve the care and assistance provided to Veterans/Military Service Members, and their families.

This conference is being planned and/or supported by the following:

- MDC/Richmond American Homes Foundation
- The University of Colorado College of Nursing, Anschutz Medical Campus
- The University of Colorado School of Pharmacy and Pharmaceutical Sciences Anschutz Medical Campus
- The University of Colorado Helen and Arthur E. Johnson Depression Center
- The Steven A. Cohen Military Family Clinic at the University of Colorado Anschutz Medical Campus
- The University of Colorado Marcus Institute for Brain Health
- University of Denver, Graduate School of Professional Psychology Military Psychology Specialty

The agenda for this program will include opening and closing keynote presentations provided by content experts familiar with VMS issues and concerns, a panel discussing suicide awareness and how communities can impact the rising number of suicides, and concurrent sessions which will address topics such as moral injury, families' health, women's health, veteran aging and end-of-life care, behavioral health & sleep disturbances, military culture, dental health, stresses related to deployment/redeployment, separation from service/reintegration, etc.

Our target audience includes interprofessional healthcare providers (Advanced Practice RNs/RNs, physicians, pharmacists, dentists, physician assistants, therapists), community services providers, Veteran and Military Service Members and their families, spiritual counselors and anyone else interested in providing better care and support of these individuals.

To encourage Veterans, Military Service Members and families, as well as small community service providers to attend, our goal is to keep registration fees low. However, this will not allow us to cover the honoraria of keynote speakers and a virtual conference platform that is intuitive and simple for attendees who may not have previous experiences being involved in a virtual meeting.

Therefore, we are hoping to solicit financial and/or in-kind support which can be used to offset the costs of this program. We also plan to invite not-for-profit agencies to join us for a minimal contribution to defray our costs.

Sponsor/Exhibitor Information:

If your organization is interested in being a sponsor but not exhibiting, we will include your company name on the Sponsor page of the website and in advertising flyers to show your support of Veterans and Military Service Members and their families. Your donation will go toward direct support of the conference, the conference platform and the honoraria for keynote speakers.

To encourage exhibitors to financially support this program, we will include a virtual Exhibit Hall as part of the program. The exact layout of the virtual exhibit hall will be dependent upon the conference platform we will use. A stereotypical virtual Exhibit Hall is separated from the education/conference space (due to continuing education accreditation requirements) and each exhibitor is given their own breakout room. In the breakout room, the exhibitors can interact with any attendees who visit, share contacts and market their materials/information – very similar to what would occur with an in-person exhibit. Attendees will be encouraged to visit a majority of the exhibits and then can be part of a drawing for free registration for the 2022 conference.

Our goal for this exhibit hall, is to give exhibitors an opportunity to share their information and resources with all attendees, thereby encouraging improved community networking and support. This is an important goal so there will be ample time within the agenda for attendees to visit exhibitors. Breakout rooms will be kept relaxed and instructions for access will be simple to use so that attendees feel comfortable visiting each exhibitor. Company representatives will be able to make connections with healthcare providers who care for veterans and military service members and their families as well as the veterans and military service members themselves, and the community services who support them.

In addition to interacting with attendees during the 2 days of the conference, we will host exhibitor information on a Learning Management platform for attendees to view prior to the conference as well as during. Exhibitor information can include any flyers or documents you would include at an in-person exhibitor "table" and can also include links to your website or to videos. The information will be available to attendees up to a week before the conference when we invite attendees to access the platform.

We will also be developing a Resource Guide for conference attendees which will include information about all exhibitors. This guide will include a description of the organization, contact information, services provided, etc. A template of requested information will be provided. This Resource Guide will be housed at the University of Colorado College of Nursing, Office of Research & Scholarship Center for Veteran & Military Healthcare and will be accessible by the public.

Levels of Support for Exhibitors or Sponsors

1. \$20,000 includes the following:

1. Exhibitor can request funds be applied to speaker honoraria or support of conference platform with acknowledgement in conference advertising;
2. Two (2) exhibitors with 2 dedicated breakout rooms to interact with attendees;
3. Company will be listed as a Supporter in the conference syllabus; and
4. Full page for company information on Learning Management platform which will house all conference documentation for attendees.

5. Inclusion in Resource Guide

2. \$10,000 includes the following:

1. Exhibitor can request funds be applied to speaker honoraria or support of conference platform;
2. Two (2) exhibitors with 2 dedicated breakout rooms to interact with attendees;
3. Company will be listed as a Supporter in the conference syllabus; and
4. Half page for company information on Learning Management platform which will house all conference documentation for attendees.

5. Inclusion in Resource Guide

3. \$5,000 includes the following:

1. Two (2) exhibitors with 2 dedicated breakout rooms to interact with attendees;
2. Company will be listed as a Supporter in the conference syllabus; and
3. Half-page for company information on Learning Management platform which will house all conference documentation for attendees.

4. \$1,000 includes the following:

1. One (1) exhibitor with 1 dedicated breakout room to interact with attendees;
2. Company will be listed as a Supporter in the conference syllabus; and
3. Logo will be included on a page with 3 other organizations on Learning Management platform which will house all conference documentation for attendees.

5. \$25-\$500 (not-for-profit community organizations):

1. Contact us at annfroese-fretz@cuanschutz.edu for further information;
2. Logo included on page with multiple organizations;
3. One (1) exhibitor with 1 breakout room.

4. Inclusion in Resource Guide

To register and pay, please go to this link:

<https://cuconregfox.com/vmh-exhibitors>. If you have questions or need further information, please contact:

Ann Froese-Fretz, MS, RN, CNS, CPNP
 Program Director Continuing Nursing Education
 University of Colorado College of Nursing

ann.froese-fretz@cuanschutz.edu